

South Portland Outing Club 2013-14
INSURANCE & HEALTH PROFILE – two pages

Participant's Name _____
Address _____
Home Phone _____ Cell Phone _____
Year in school _____ Age _____ Birth Date _____
Family Doctor's Name _____ Doctor's Phone _____
Address _____
Insurance Company _____ Insurance Phone _____
Policy # _____ Group # _____
Address _____
Name on policy _____

EMERGENCY CONTACT INFORMATION: *In case of emergency, who should we call?*

FIRST CONTACT

Name _____
Relationship _____
Address _____
Day Phone _____
Evening Phone _____
Cell Phone _____

SECOND CONTACT

Name _____
Relationship _____
Address _____
Day Phone _____
Evening Phone _____
Cell Phone _____

- I will inform the school as soon as possible of any changes in the medical or other circumstances between now and the commencement of a trip.

- In the case of an emergency, I agree to (my child) receiving any emergency medical treatment considered necessary by the medical authorities present.

Participant's Printed Name -OR- Parent/Guardian's Printed Name if participant is under 18 years

Participant's Signature -OR- Parent/Guardian's Signature if participant is under 18 years

Date ____ / ____ / ____

Health Profile continued...

1. Please check if participant has any of the following:

- | | | | | | |
|---------------------|--------------------------|------------------------------|--------------------------|----------------------|--------------------------|
| Migraine | <input type="checkbox"/> | Epilepsy | <input type="checkbox"/> | Asthma | <input type="checkbox"/> |
| Diabetes | <input type="checkbox"/> | Travel sickness | <input type="checkbox"/> | Seizures of any type | <input type="checkbox"/> |
| Chronic nose bleeds | <input type="checkbox"/> | Heart condition | <input type="checkbox"/> | Dizzy spells | <input type="checkbox"/> |
| Color blindness | <input type="checkbox"/> | Other (please specify) _____ | | | |

2. Does participant currently taking medication(s)? Yes _____ No _____

If Yes, please state ailment(s) _____

Name of medication(s) _____

Dosage and time(s) to be taken _____

Other treatment _____

3. Has participant had any major injuries (breaks or strains) or illness in the last six months that may limit full participation in any activities? Yes _____ No _____

If Yes, please state the injury or illness _____

4. Is participant allergic to any of the following?

- | | Yes | No | Please specify |
|-------------------------|--------------------------|--------------------------|----------------|
| Prescription medication | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Food | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Insect bites/stings | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| Other Allergies | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

What treatments are required? _____

5. When was participant's last tetanus shot? (date) ____/____/____

6. Please outline any dietary requirements or restrictions:

7. Which of the following over the counter medications may be given to participant for the following symptoms: (please check)

____ Tylenol (for pain not associated with dehydration)

____ Benedryl (for minor allergic reactions)

____ Immodium (for diarrhea)

____ Epi Pen (epinephrine for severe allergic reactions, including compromised breathing)

8. To the best of your knowledge, has participant been in contact with any contagious or infectious diseases in the last four weeks? Yes _____ No _____

If yes, please give brief details _____

9. Is there any information the staff should know to ensure the physical and emotional safety of participant?

Yes _____ No _____

If yes, please state or attach the information _____